

PLAYERS

MAGAZINE #3/2017



Covermodel

**Stunning
Super
Model**

ASHLEY
Wilke

**5 THINGS THAT WILL MAKE
YOUR SEX LIFE WAY HOTTER**
According to real women

PROLONG THE PRE-GAME
Have a great time in bed
with these new foreplay ideas

**YOUR MARCH
HOROSCOPE**
Your Sex Life Needs A
Spring Cleanin

Also in this issue!

Leigha Heverly
Mariyah Samia
Nasia Jansen
Sarah Leann

VISIT WWW.PLAYERSMAGAZINE.NET/MODEL-BLOG TO SEE ALL THE MODELS PRIVATE PICS





Covergirl

Ashley Wilke



A word from the editor

Hot issue..

lot of new beautiful models and features are here. We are looking forward to showing you all our stunning models. And remember that many of the models have their own personal webpages at Players Magazine where you can see and follow the models and see all their private stuff.

visit: www.playersmagazine.net/model-blog to see all the models private pics & videos

Enjoy the issue!

Thomas Samsøe
Editor in Chief

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ASHLEY WILKE

Ashley was born in Illinois, about an hour from Chicago. She grew up with her sister enjoying dance, horseback riding and cheerleading. From an early age, she developed an interest in modeling and attended a talent school to pursue her growing passion. Ashley landed her first Chicago based talent agent in middle school and began steadily growing her career as both a print and promotional model. After high school, she took a slight detour from modeling and focused on getting a degree in broadcast journalism as well as enjoyed hosting her own internet radio shows where she chatted with fans about pop culture and Hollywood gossip.

After college, Ashley picked up modeling again as well as used her broadcast skills to travel the country as a product narrator and host. In 2015, she made the move to California to further pursue her passions in both modeling and hosting.

Ashley is currently represented by some very well known agencies in California where she is booked frequently for print, promotional, video, and hosting work.

Beyond modeling and hosting, Ashley has a huge passion for animal welfare and pet adoption. She is involved with multiple charities and regularly uses social media to spread the word on causes she feels strongly about.

→ COVER MODEL



Photo: Drew Santos



Ashley Wilke





Cover Model







A photograph of a person's back and waist, adorned with elaborate feathered jewelry. The person is wearing a large, ornate necklace with red, yellow, and white feathers and a wide, jeweled band. A hand is visible on the person's back. The background is a textured, reddish-brown surface. A decorative white frame with black scrollwork surrounds the central text.

Leigha

Haverly

LOMBOYcm Fotos



Brooke Nicole



WOW FACTOR







Leigha Heverly





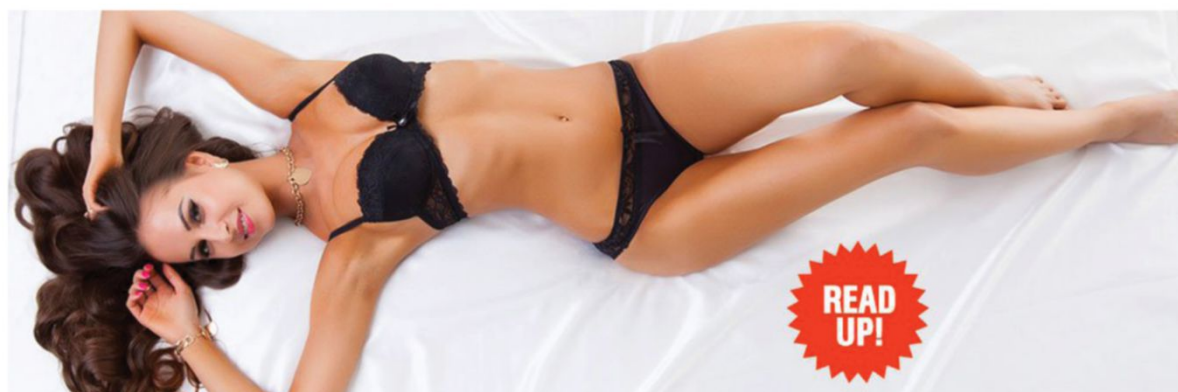
YOUR MARCH HOROSCOPE

YOUR SEX LIFE NEEDS A SPRING CLEANING

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Better prepare yourself now: March is not messing around when it comes to relationships. Venus, the planet of love and relationships, is going retrograde in the sign of Aries. This happens every couple of years and makes you reassess your love life like no other.

So it's time to start cleaning house. Think about what's working between the sheets and what isn't, and consider what kind of spiciness you're not getting but definitely want ASAP.



ARIES MARCH 21–APRIL 19

Your March mantra: "Is this what I really want?" Maybe your partner is jonesing to try anal for the first time or an old bedroom buddy suddenly comes into the picture again. Whatever it is, go with your gut. If you're not feeling it, now is the time to do something about it. By the second week in March, you're going to feel like you're giving more than you're getting—so speak up. Tell your S.O. it's time to return the favor in the oral department or stop the late-night texts with your regular hookup who's unworthy. Being the boss of your own love life feels so good

TAURUS - APRIL 20–MAY 20

Girl, if you're in a relationship, it's time to stock up on lube (The Women's Health Boutique has you covered) because you're going to be hanging between the sheets all month long. Indulge in lazy Sunday morning sex, followed by brunch .(and maybe dinner) in bed

If you're single, chances are your next sex buddy (or maybe something more serious) is out there—and they probably know one of your friends—making March a good month to get set up. Whether it becomes more than a fling or not, you're about to see a lot more action

GEMINI MAY 21–JUNE 20

Work is cool and all, but it's going to be a roadblock en route to O-town for you this month. Whether it's your workload or your partner's, someone's nine-to-five is going to push sex to the backburner. Just try to remember that doing the dirty is a stress-reliever, so it never hurts to squeeze in a quickie before you head out for the day

Single ladies, towards the end of the month you'll have to mull over whether that dude who caught your eye is better as a lover or a friend

CANCER JUNE 21–JULY 22

Someone hot from your past is coming back into the picture this month, Cancer, and you're going to have to decide how you feel about that. Whether it's an ex or a fling you never had closure with, nostalgia is going to creep into the mix big time. Do you really miss the sex you had or are you blinded by rose-tinted condoms? Coupled up? Make an effort to shut stressors out of your sex life this month. It's only going to make reaching that O so much harder

LEO JULY 23–AUGUST 22

Press pause on that work presentation you've been stressing over and focus on what you need to do to feel satisfied—like getting the hell out of town. This month, think about getting away—even if it's only for a night (oh la la). A little hotel sex can give your relationship a serious boost. Single Leos should plan a weekend with the girls to clear out thoughts of their ex or frustrations with dating in general. Once you stop obsessing over the past, you'll attract a new hookup that .could turn into just what you're looking for



VIRGO AUGUST 23–SEPTEMBER 22

We know it's hard for you, Virgo, but resist the urge to comment on your partner's tendency to wear socks during sexy time (or your other pet peeves). Does it actually matter? Instead, hone in on why you joined forces with your partner in the first place and revisit some of those feelings. That can shift you out of critical mode—and the payoff will be huge in .the bedroom

If you're in dating mode, start thinking a little more about what you actually want in a sidekick. And don't be surprised if he shows up sometime in the middle of the month. A friend of yours from school or that leadership training course you .took for work wants to set you up—don't say no

LIBRA SEPTEMBER 23–OCTOBER 22

Since Aries is opposite your sign, the Venus retrograde will impact you in a big way, Libra. Heads up: Someone from your past might be coming back in to your life. Don't be surprised if you suddenly cross paths with a former hookup or ex, but this time you'll see them in a much clearer light. It's hard to say whether things will work out the second time around, but once you sort through your feelings mid-month, you're going to have some seriously hot sex (either with that blast from the past or your boo who looks so much hotter in light of your sh*tty ex). Splurge on slinky lingerie, a new vibe (like this 20 Function Bullet Vibrator from the Women's Health Boutique), and body wax candles now—you're .going to need them. Trust

SCORPIO OCTOBER 23–NOVEMBER 21

There's a showdown between your work and your sex life this month, but you don't have to sacrifice being a boss lady. You just have to make sure you pay special attention to your bae when you actually get to spend quality time together. If you don't, you're going to hear about it when Mars, the planet of arguments, comes into your sign at the end of the .month

Scorpios flying solo should take a timeout from work and push themselves to get out more. This month, you could meet .someone worth taking home



SAGITTARIUS NOVEMBER 22–DECEMBER 21

Two words that describe your sex life this month: March Madness, a.k.a. you're going to be in the bone zone all month long, baby. Though a lover from your past may come back to haunt you this month, don't stress. It's all light and playful. .You'll have a good time catching up, and if it ends up in the bedroom, so be it

If you're already in a relationship, prepare yourself to see a sexy new side of your partner you've never experienced .before

CAPRICORN DECEMBER 22–JANUARY 19

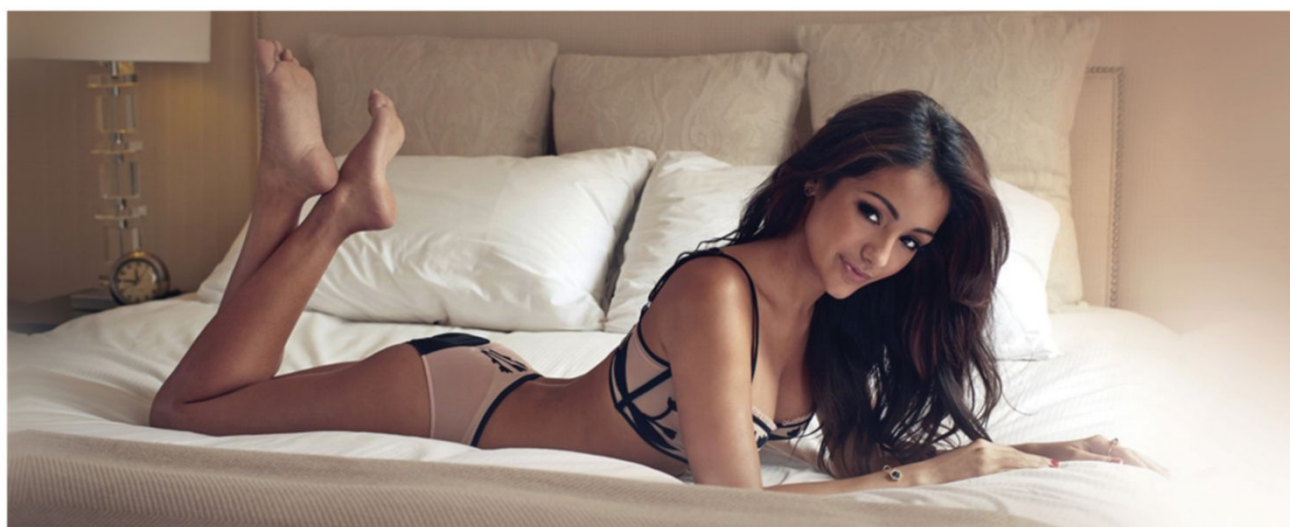
Responsibilities and sex seem like an odd combo, but they're more strongly linked for you this month than ever. In the first two weeks of the month, ask your S.O. to actually go pick up the takeout instead of hoping he'll just read your mind. Divvying up the crap that neither of you wants to do will keep a sexy spark between you. By the middle of the month, there's more freedom to lighten up and have fun

Unattached Capricorns should get ready to take a risk over the next few weeks. It might be scary, but be honest with yourself about what you want—and don't be afraid to ask a new hookup for it. Trust us, you'll get it (and then some)

AQUARIUS JANUARY 20–FEBRUARY 18

Someone's going to cross your path this month that you'll quickly develop a thing for, and it's likely they live on the other side of town. On the other hand, if you've been thinking about that guy you briefly swapped late-night texts with a while ago—now is the time to see if he's interested in more than just booty calls

Whether you're single or in a relationship, your weekends are going to be packed this month. If you're off the market, keep steady communication going with your S.O. in between all those St. Patty's Day events and March Madness viewing parties. Your partner with thank you—in bed



PISCES FEBRUARY 19–MARCH 20

You can be taken advantage of because of your good nature, Pisces, but this month you're not taking any crap. Now is the time to figure out where you put your foot down, and actually do something about it. Once you know what you want, you'll attract a partner who's down to give you just that. If you're in a relationship, know your boundaries and let your S.O. in on them. That openness will translate to some seriously steamy sex



MARIYAH

DANISH GLAMOUR MODEL IN THE
MAKING

amia





Mariyah Samia



Naughty as hell





PROLONG THE PRE-GAME

Have a great time in bed with these new foreplay ideas

Imagine baking brownies without preheating the oven. Or running a marathon without training. Well, it's important to apply that same logic to the bedroom: In order to have great sex, you need to get in a good warm-up first. But if you worry that your bedmate phones in foreplay just for your sake, you'll be psyched to find out that scientists at the Kinsey Institute have discovered men need a little revving up too. "Guys often don't get as much foreplay because women think an erection is proof a man is ready for sex," says Debby Herbenick, Ph.D., author of *Because It Feels Good*. "But men crave the intimacy and emotional connection that foreplay provides." Here are five moves to max out the buildup to sex.

and throat is the most sensitive part of your neck because the nerves sit closer to the skin's surface. So get your guy to lightly lick this zone. Next, cup his testicles in your hand, stroking, rolling, and tickling them. Then massage the base of his penis. Since part of his joystick is hidden behind the scrotum, touching the base can give him novel thrills, says New York sex therapist Jane Greer, Ph.D.



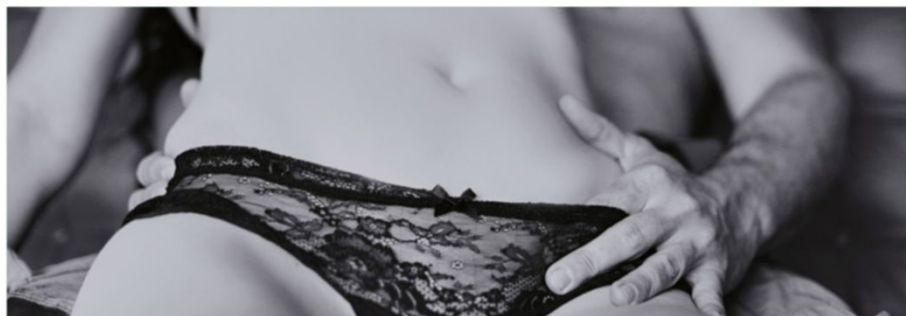
Discover new terrain

The area between your chin



Caress each other

Have your guy spoon you while he reaches around and stimulates your breasts, rubbing the flesh above the areolae, in the 10 o'clock to 2 o'clock area. Meanwhile, graze your fingers along his inner thigh, stopping just before his scrotum, then quickly move back down. This thin-skinned area is especially sensitive, and coming close to his goods without making contact will keep him in a suspended state of excitement. Next, whisper something naughty. Greer says dirty talk raises testosterone levels, boosting arousal.



Amp up oral

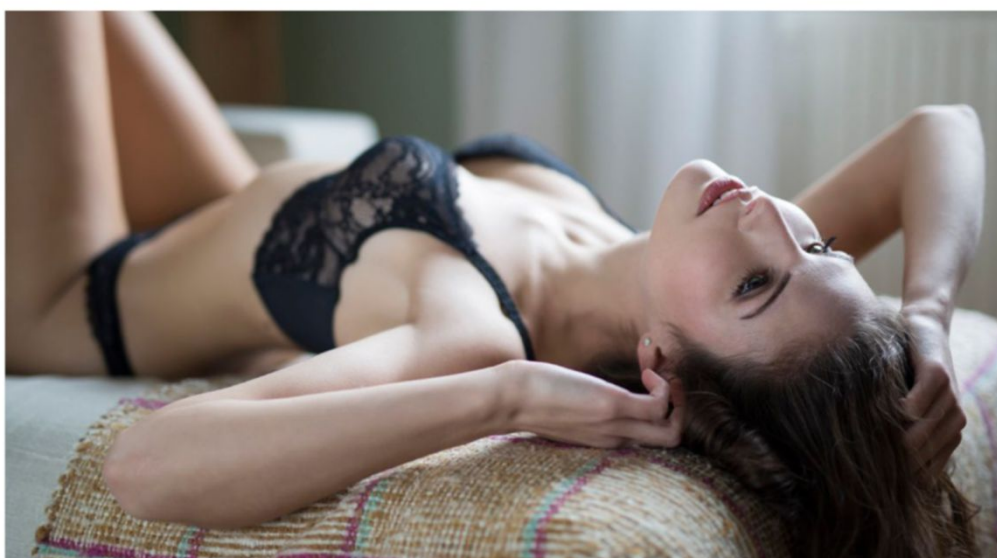
The penis is famous for taking center stage during oral sex, but the testicles are supporting players that rarely get recognition. Lick the nerve-rich seam (that dark line down the middle of the scrotum), then gently push up against the base of his testicles with your hand. "You'll arouse his prostate, a sensitive gland in his pelvic region," says Ian Kerner, Ph.D., author of *She Comes First*.

Get dirty in the shower

Haven't given a hand job since high school? It's time to get back to basics. Hop into the shower with him, soap up your hands, and wrap one around his shaft, squeezing as you move up and down, then switch to shorter, faster strokes on the head of his penis. If he can't guess your next move, his arousal will intensify. And when you do finally hit the sheets, there will be an erotic payoff.

Give him a racy rubdown

Have him lie on his stomach, then straddle his back, aligning your clitoris over his sacrum (the bony plate at the base of the spine, above the butt crack). Move your hips while using your hands to massage both sides of his spine. "The friction from his tailbone will arouse you, and you'll awaken the sacral nerves that connect to his genitals," says Sandor Gardos, Ph.D.



NASIA *Sanse*

Nasia was born and raised in Germany. At the age of 18 she was inspired to set out and chase her dream to break into the entertainment industry. After arriving in Los Angeles Nasia dedicated herself to achieving her goals.

Currently residing in Hollywood, CA. Nasia has a wealth of experience in the industry, from TV shows, commercials, modeling, and acting. Being an outgoing person, Nasia trains very hard to keep fit for her many projects revolved around the entertainment industry and her bikini competitions, where she has placed first a few times.

Besides morning hikes, she enjoys bicycling, going to the gym, and has been doing martial arts and competing in sparring tournaments since childhood.

She is a black belt in Taekwondo and an expert with double nunchucks; and also trains with the bo and swords. Besides Taekwondo, Nasia also trains Muay Thai, Kickboxing, and MMA.

Along with her aspirations in entertainment, Nasia has as well obtained her real estate license in 2011 becoming a realtor for one of the fastest growing companies, Keller Williams Realty, specialized in both commercial and residential properties.

Nasia launched her official website to incorporate the many facets of her professional life and journey.

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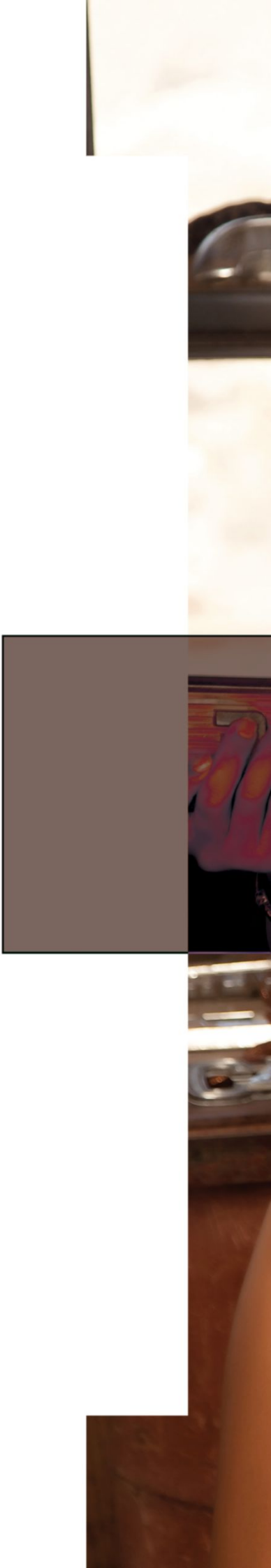
Nasia Jansen





Nasia Jansen





Nasia Jansen



5 THINGS THAT WILL MAKE YOUR SEX LIFE WAY HOTTER

ACCORDING TO REAL WOMEN

More of this please!

Though the two most common questions readers ask Men's Health are whether penis enlargement products really work and how to last longer in bed, those dudes have it all wrong. The things we really want in bed can't be measured with a ruler or a stopwatch.

Now, a new survey by sex toy company Pure Romance sheds light on what women actually want more of in bed (see: fantasies, role play, and foreplay).

For the survey, market researchers asked 1,000 married men and women to choose which sexual acts would improve their marriages. While a lengthier lay (or a lengthier peen) did not make the list, the sexual scenarios most women want are actually very doable—and you can bet we'll be making requests tonight.

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BETTER COMMUNICATION

About 62 percent of women said that better communication would improve their marriages, according to

the survey results. They weren't alone, though. About half of the men surveyed also agreed.

In any relationship, if you want a satisfying, passionate sex life, you have to let your partner know what you like and you need to know what he likes, says Moushumi Ghose, a licensed marriage therapist and author of *Classic Sex Positions Reinvented*.

But talking about sex can feel a little awkward, even if you've been together for a while. If you want to get the conversation going, bring up your own desires so he knows you want to talk about it, suggests Ghose.

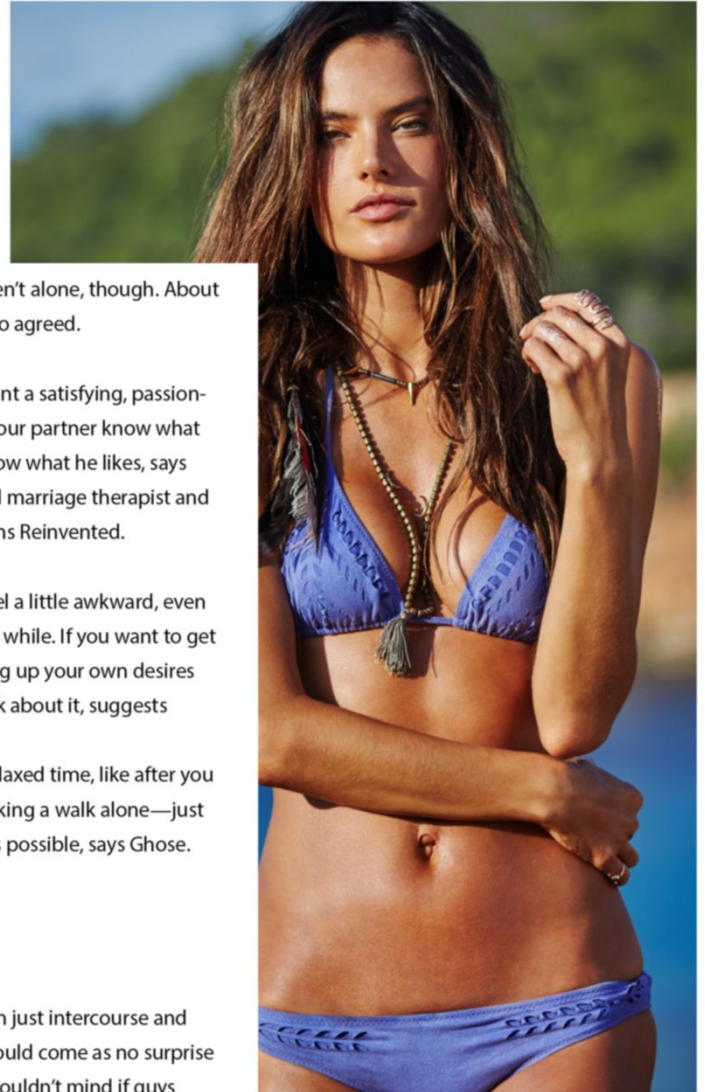
Try to bring it up during a relaxed time, like after you eat dinner or while you're taking a walk alone—just be as genuine and honest as possible, says Ghose.

MORE FOREPLAY

There's a lot more to sex than just intercourse and orgasm, says Ghose, so it should come as no surprise that 58 percent of women wouldn't mind if guys focused more on foreplay.

"What is typically thought of as foreplay—like kissing, sensual touching, and oral sex—are all part of sex. Intercourse and orgasm is the icing on the cake," she says.

When he takes the time to excite you physically, your body will produce more vaginal lubrication, which plays a big role in making sex feel more comfortable and pleasurable for you, says sex researcher Debby Herbenick, Ph.D.





If you think your pregame moves could use a boost, check out these 14 imaginative ways to make foreplay more fun for the both of you.

You also don't need to be in bed to turn her on: Anything you do that builds arousal counts as foreplay, like what you text him throughout the day, the compliments you give him, the dinner that you plan for the two of you, and the sexy pictures that you send him, says Ghose.

SEX TOYS

Sex toys have a lot to offer in the bedroom—and 40 percent of women surveyed agree. (In fact, it lands on Men's Health's list of what women secretly want in bed.)

Too often men feel threatened by the idea of sex toys, thinking that it says something about their manhood or lack of it, says Ghose. But sex toys can add some fun and creativity to otherwise ordinary sex positions. For example, in positions that don't give your clitoris an opportunity to naturally rub against him, using a smaller vibrator (like this one) can give you more manual stimulation, which many women need in order to reach orgasm.

If you want to try something that will feel amazing for both of you, a vibrating penis ring (we love this one from the Men's Health store) should get the job done, says Ghose.

There are countless types to choose from, though, so take some time to pick one out together (peruse this list of our favorite sex toys if you don't know where to start).

FANTASIES

Sexual fantasies and fetishes are typically taboo, says Ghose, but 40 percent of women reported that acting one out would make their marriage better. Plus, 50 percent of men were into the idea, too.

This doesn't work for everyone, says Ghose, but if you're into exploring new things, acting out a fantasy can become an intimate bonding experience.

Fantasies don't always include bondage and whips. Sometimes it just means you want to try something new, like talking dirty or having sex in a new place. However, bringing up your fantasy can be tough—but that's probably why bet

ter communication was No. 1 on the women's wish lists.

"For some, it is just a matter of building trust. People are very used to being shamed, ridiculed, and criticized for their fantasies and fetishes," says Ghose. So if you want him to be open to your fantasies, and share his sexy thoughts with you, you've got to be open about what you want.

ROLE PLAY

Thirty-five percent of women reported that sexual role-playing would improve their marriages.

"Role playing is when two people pretend to be something that they're not," she explains. "They may act out a scenario as two different people, or they may even dress the part. Some couples even go as far as to meet in public and do the whole thing from the start, creating an entire story around a role play." It can be fun and empowering for couples who need to heat things up, she says.

Role play is different from acting out a sexual fantasy because sometimes fantasies or fetishes don't require you to change your role, says Ghose.

Talk to him about a scenario you're interested in, suggests Ghose. Ask him if he's ever wanted to be someone else, or if the idea of playing a different role turns him on. After discussing it, you can try acting out a scenario you agree on. Consent is key here, says Ghose.

"I would stay away from just trying to do it without his knowledge," he explains. "He might like it, but he might not. Planning it out and asking him in advance is a much better way to foster honest communication."

SARAH LEANN

SEXY BEACH SHOOT WITH THE STUNNING SARAH LEANN

Photographed b Gary Miller







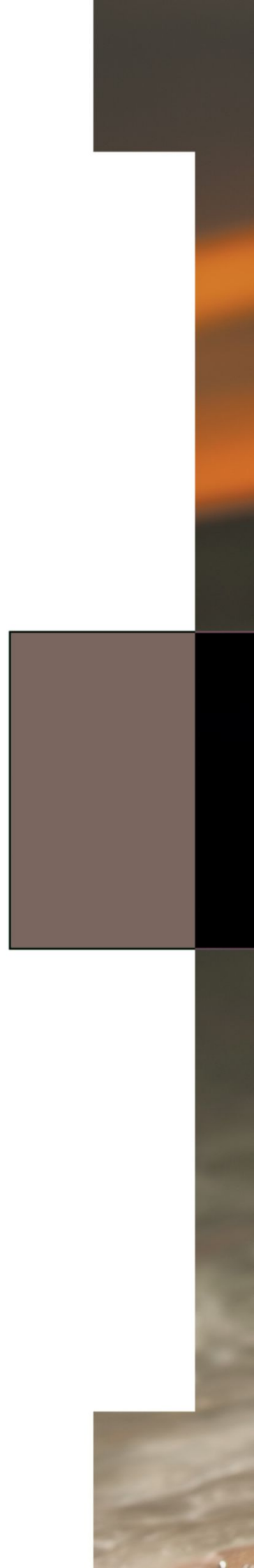
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